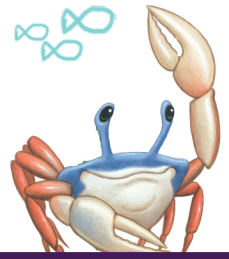




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Activity Guide Memoirs of a Goldfish

Story by Devin Scillian Illustrations by Tim Bowers

Themes: Being part of a family is better than being alone / Emotions / Learning how to share your space / Being patient and accepting others / Developing empathy

Many of us haven't been able to leave our homes much lately. And like Goldfish, we're starting to feel a little bit cramped and frustrated with some of the changes to our everyday routines. Try these activities to bring some fun to your "fishbowl" family.



Ever Feel Like a Goldfish?

Goldfish goes through many different emotions as he faces changes that he can't always control—like happy, sad, disappointed, angry, worried, annoyed, content, cramped, needed or loved. Do you ever feel like Goldfish? Draw or write about something that made you happy today! Then try this with another emotion you've felt recently. Know that it's okay to have many kinds of emotions!



Living in a Fishbowl

There are many personalities in Goldfish's fishbowl family. Pick which character each of your family members is most like. Quiet like Mr. Bubbles? Likes to eat like Snail? Maybe your sister is most like Gracie. Then draw them into your fishbowl and write their names. For example, if your sister is most like Gracie, draw Gracie and then add your sister's name above her.

Next create new stories and adventures with your family-member characters in the fishbowl— maybe about how they each help each other, or how they feel about being a family. Share your story with your family when you're done. Maybe they can make their own!



We Are Family

Goldfish realizes that although his new family may sometimes bother him, he really likes being with them. At your next family meal, ask each person to share something they like about belonging to the family or about each other



Fish-Themed Family Fun

In honor of the fishbowl family, play Go Fish! or any other game your family enjoys playing together!



Your Own Corner of the Fishbowl

Being part of a family is fun, but sometimes you might just need your own special place to relax, read, create or play. Create one! How would you decorate it? What would you do in there? What will you need to make it feel perfect? Invite family members to visit and share your new space if you want.